

DARLING HALF MARATHON
DARLING ATHLETIC CLUB
SATURDAY 22 MAY 2010

POS	SURNAME	NAME	CLUB	AGE	SEX	CAT	LIC No	TIME
1	TSAWAYO	PETER	RCS GUGS	29	M	SEN	6138	1:09:09
2	MAPUKATA	SIHLE	MR PRICE WP	33	M	SEN	7287	1:13:58
3	KAMMIES	MORNE	METROPOLITAN	23	M	SEN	7633	1:16:12
4	GOUS	DAWID	SWARTLAND		M	SEN	0117 BOL	1:16:40
5	PIYOSE	VUYOLWETHU	METROPOLITAN	27	M	SEN	2017	1:19:12
6	SMITH	OWEN	WELLINGTON	39	M	35	1458 BOL	1:19:15
7	LEE	BGEBENGA	ATLANTIS	34	M	SEN	3498	1:19:27
8	SEPTEMBER	JOHN	CELTIC	44	M	40	4260	1:20:43
9	SPEELMAN	MATHEW	ATLANTIS	39	M	35	3668	1:20:58
10	JACOBS	CARLO	TOP FORM	38	M	35	5684	1:21:37
11	CRONJE	LIONEL	METROPOLITAN	28	M	SEN	1985	1:22:07
12	BENNETT	PETER	WEST COAST	35	M	35	1388	1:22:15
13	SWANEPOEL	WILLEM	BRACKENFELL	25	M	SEN	0485	1:22:30
14	MPONTSHANE	N	METROPOLITAN	35	M	35	2016	1:23:22
15	HANEKOM	PIETER	NEDBANK WP	41	M	40	3141	1:23:35
16	ZOUTMAN	DERICK	SWARTLAND	32	M	SEN	0659 BOL	1:24:52
17	EVARD	PIERRE	AAC	42	M	40	3306	1:26:28
18	LITTLE	IAN	FISH HOEK	43	M	40	2587	1:26:38
19	JACOBS	GREGORY	EDGEMEAD	51	M	50	0835	1:26:55
20	LAUBSER	NICOLAAS	EDGEMEAD	45	M	45	4817	1:26:55
21	SETI	NOMVUYISI	MR PRICE WP	29	F	SEN	0040	1:27:52
22	KALIS	MARK	TEMP	35	M	35	0212	1:28:13
23	JANUARIE	JAKOBUS	METROPOLITAN	42	M	40	5854	1:29:41
24	FREDERICKS	DANOVAN	WELLINGTON	34	M	SEN	1441 BOL	1:30:11
25	WILSON	COBUS	CONSTANTIA	27	M	SEN	21843	1:30:54
26	BRINK	GERRIT	WELLINGTON	44	M	40	1450 BOL	1:31:31
27	SIBANDA	MATTHEW	ESKOM GIJIMAS	28	M	SEN	1848	1:31:41
28	WILL	DAMIAN	PINELANDS	24	M	SEN	1324	1:31:54
29	NORTJE	WINDELL	EDGEMEAD	24	M	SEN	9117	1:32:24
30	CIEVERTS	HENRY	TOP FORM	51	M	50	4055	1:32:49
31	RAMABOA	KUTLWANO	WEST COAST	33	F	SEN	5495	1:33:15
32	WILLIAMS	JAN	WELLINGTON	41	M	40	1464 BOL	1:33:21
33	VAN RYNEVELD	FRITS	TEMP	33	M	SEN	21800	1:33:26
34	WILLIAMS	BRADLEY	TYGERBERG	28	M	SEN	7157	1:34:38
35	JOHNSON	RICHARD	OLD MUTUAL	54	M	50	3394	1:35:09
36	WAGENHEIM	MARK	AAC	54	M	50	3369	1:35:42
37	GROENEWALD	OCKERT	PAARL	32	M	SEN	0235 BOL	1:36:06
38	GEDULD	PIET	TEMP	30	M	SEN	21796	1:36:17
39	ADAMS	PATRICIA	METROPOLITAN	39	F	35	6272	1:36:35
40	NO RETURN				M	SEN		1:36:48
41	AFRIKA	NAZEEN	SWARTLAND	38	M	35	0149 BOL	1:36:55
42	STRYDOM	NIGEL	MP TITANS	32	M	SEN	3803	1:37:05
43	PRETORIUS	ALBERT	WEST COAST	40	M	40	5656	1:37:14
44	DAVIDSON	CANDICE	HARFIELD	32	F	SEN	5799	1:37:18
45	SYMINGTON	AUBREY	AAC	42	M	40	3376	1:37:22
46	KELLY	PAUL	RUN WALK 4 LIFE	46	M	45	6416	1:37:35
47	MACDONALD	HELEN	HARFIELD	37	F	35	2079	1:37:57
48	RYNINKS	ALLAN	HARFIELD	52	M	50	3000	1:38:12
49	VAN GRAAN	SANDRA	EDGEMEAD	42	F	40	0808	1:38:27
50	HALL	CANDYCE	HOUT BAY	26	F	SEN	3219	1:38:52

51	PRETORIUS	JOHAN	WEST COAST	44	M	40	1467	1:38:53
52	CORK	GARETH	RUN WALK 4 LIFE	29	M	SEN	7695	1:39:11
53	MCCALLUM	ROGER	CELTIC	47	M	45	0174	1:40:02
54	VANCE	NEAL	SPARTAN	39	M	35	5354	1:40:08
55	DE WET	MARK	TEMP	43	M	40	21714	1:40:11
56	LE ROUX	RONNIE	BRACKENFELL	65	M	65	0456	1:41:04
57	ULLYETT	SUE	AAC	43	F	40	3322	1:41:14
58	LEASK	BRENDON	WEST COAST	26	M	SEN	1453	1:41:22
59	SIHLUKU	MC	RCS GUGS		M	SEN	3034	1:41:31
60	LERM	GIDEON	RUN WALK 4 LIFE	45	M	45	2500	1:42:08
61	WILL	NANCY	PINELANDS	57	F	55	1322	1:42:12
62	DU PREEZ	VERNON	LANGEBAAAN	64	M	60	3848	1:42:22
63	AYRES	RICHARD	HARFIELD	42	M	40	21799	1:42:42
64	PEARCE	WARREN	AAC	33	M	SEN	3363	1:42:44
65	CROWSTER	REGANALD	TYGERBERG	47	M	45	0775	1:42:47
66	MALGAS	B	ATLANTIS	51	M	50	3501	1:43:05
67	BOUWER	LINDIE	SANLAM	25	F	SEN	1763	1:43:07
68	PAUL	CARL	UCT	19	M	SEN	2914	1:43:15
69	CLEOPHAS	H	OLD MUTUAL	51	M	50	3423	1:43:15
70	BRUWER	DANIE	BRACKENFELL	30	M	SEN	0509	1:43:27
71	SETON-SMITH	GRANT	WEST COAST	36	M	35	5614	1:43:34
72	PETERSON	JOHN	METROPOLITAN	49	M	45	1976	1:43:42
73	NDLOVU	MUZI	RCS GUGS	36	M	35	3558	1:43:44
74	HORSEFIELD	GLEN	TEMP	47	M	45	21782	1:43:46
75	WESSON	ANEL	TEMP	35	F	35	21270	1:43:46
76	ARENDSE	DESMOND	ATLANTIS	45	M	45	3494	1:43:48
77	POHL	C	CENTURY CITY	50	M	50	3179	1:44:06
78	DE LANGE	JANNIE	PLEXUS DURBAC	44	M	40	2780	1:44:10
79	WINDVOGEL	BERTRAM	ELSIES RIVER	44	M	40	4066	1:44:16
80	BAKER	KARL	RCS GUGS	50	M	50	3025	1:44:27
81	GOUWS	FRANCOIS	EDGEMEAD	44	M	40	0800	1:44:29
82	VAN ZYL	STEPHEN	WEST COAST	36	M	35	1383	1:44:36
83	MARTHEZE	SHAUN	EDGEMEAD	45	M	45	0866	1:44:38
84	NO RETURN		EGA		M	50		1:45:25
85	EVANS	DAVE	WEST COAST	48	M	45	5616	1:45:39
86	MULLER	ROLF	MSM	51	M	50	3081	1:46:01
87	SITHOLE	SIPHO	CORR SERVICES WP	40	M	40	6425	1:46:04
88	ADAM	J	HARFIELD	37	F	35	2981	1:46:05
89	DYSSEL	R	OLD MUTUAL	52	M	50	6596	1:46:15
90	MACKAY	JAMES	LANGEBAAAN	37	M	35	21716	1:46:31
91	SWANEPOEL	JURIE	MELKBOS	49	M	45	3603	1:46:32
92	SETON-SMITH	HAYLEY	WEST COAST	35	F	35	5608	1:46:39
93	KOHLER	KEVIN	EDGEMEAD	60	M	60	0860	1:47:17
94	RHEEDER	NICHOLAS	MELKBOS	28	M	SEN	3596	1:47:29
95	MAGGOTT	JULIAN	CELTIC	49	M	45	0280	1:47:40
96	SUTHERLAND	R	ACSIS VOB	35	M	35	1142	1:48:07
97	BOUWER	JACQUES	SANLAM	26	M	SEN	1764	1:48:09
98	STILLIANEU	TWANE	METROPOLITAN	24	F	SEN	5588	1:48:14
99	BRACHER	SUE	WEST COAST	54	F	50	1509	1:48:23
100	HARTLEY	RIDHA	TEMP	34	M	SEN	2010	1:48:31
101	KILCULLEN SINCLAIR	KERRY	CELTIC	32	F	SEN	0334	1:48:46
102	HIGGINS	CHARLES	CELTIC	38	M	35	0195	1:48:46
103	KALIS	JASON	TEMP	32	M	SEN	0221	1:48:50
104	WEBER	CLAUDIA	TEMP	47	F	45	21710	1:49:16
105	SCHIPPER	LEON	TYGERBERG	38	M	35	0754	1:49:20
106	ROOS	LIBI	TEMP	28	F	SEN	21789	1:49:24

107	VAN ZYL	RIAN	SWARTLAND	36	M	35	0103 BOL	1:49:24
108	MILNER	A	TEMP	38	M	35	21542	1:49:34
109	DAVEY	ALROY	RAVENSMEAD	46	M	45	4027	1:49:41
110	DANKERS	DONOVAN	TEMP	37	M	35	21758	1:50:28
111	ENGELBRECHT	WESLEY	ELSIES RIVER	46	M	45	4073	1:50:55
112	HEYNEKE	DAVID	CELTIC	40	M	40	0330	1:51:03
113	WESSON	JONATHAN	TEMP	36	M	35	21721	1:51:19
114	WARD	TREVOR	TELKOM	48	M	45	0637	1:51:48
115	HAMMON	SEAN	HARFIELD	38	M	35	2978	1:51:59
116	MCTAVISH	ANDREW	HARFIELD	46	M	45	2996	1:51:59
117	GELDENHUYS	HANNES	TEMP	27	M	SEN	21745	1:52:03
118	JORDAAN	DIEDERICK	BELLVILLE	46	M	45	2289	1:52:10
119	BURDEN	H	STELLENBOSCH	54	M	50	0854 BOL	1:52:26
120	VOLKER	RAINER	CENTURY CITY	41	M	40	3181	1:52:31
121	ROTHMAN	B	BRACKENFELL	57	M	55	0554	1:52:57
122	VAN ECK	COLLETTE	FISH HOEK	57	F	55	5149	1:53:00
123	BRITZ	L	BRACKENFELL	50	F	50	0549	1:53:24
124	SNYDERS	ESRAY	TEMP	20	M	SEN	21835	1:53:37
125	ILLEGIBLE	LARA	TEMP	28	F	SEN		1:53:45
126	TURNER	PHILIP	EDGEMead	39	M	35	0871	1:53:48
127	GOLIATH	ANDREW	METROPOLITAN	42	M	40	2009	1:53:50
128	JAPPIE	TAYEB	TOP FORM	39	M	35	3545	1:53:54
129	JACOBS	FAIZEL	ITHEKO	30	M	SEN	6334	1:53:55
130	UYS	CHRISTIAAN	TEMP	29	M	SEN	21769	1:53:59
131	CIOLLI	VINCENT	TEMP	46	M	45	21752	1:54:01
132	HARLOCK	SONIA	FISH HOEK	47	F	45	5204	1:54:05
133	MACKINTOSH	ROAN	CELTIC	30	M	SEN	0269	1:54:07
134		MILLY	PLEXUS DURBAC	38	F	35	2812	1:54:12
135	NIEMAND	REGGIE	PLEXUS DURBAC	40	M	40	2813	1:54:12
136	GOLIATH	MEGAN	BRACKENFELL	34	F	SEN	0489	1:54:31
137	BENNETT	NIGEL	PLEXUS DURBAC	41	M	40	2798	1:54:35
138		ANDREW	TEMP	31	M	SEN	21819	1:54:39
139	WILKE	JOHAN	NEW BALANCE	49	M	45	9893	1:54:47
140	BARTES	EDWINA	PINELANDS	40	F	40	4940	1:55:06
141	MORRIS	R	PINELANDS	57	M	55	4957	1:55:10
142	MULLER	ANNE	EDGEMead	45	F	45	0802	1:55:20
143	BUCHANAN	MARIKA	TEMP	34	F	SEN	21718	1:55:21
144	BURROWS	GARY	TEMP	45	M	45	21765	1:55:22
145	MORRELL	ROBERT	UCT	53	M	50	2835	1:55:24
146	DE RIJK	MAIJA	TEMP	30	M	SEN	21770	1:55:27
147	FUCHSLOCH	TISSA	AAC	51	F	50	3259	1:55:30
148	HENNIS	F	STRAND	52	M	50	6957	1:55:31
149	MCQUAIDE-LITTLE	KATHY	CELTIC	45	F	45	0227	1:55:44
150	RICHARDSON	ELIN	TEMP	46	F	45	21750	1:55:48
151	HORNE	DION	METROPOLITAN	445	M	45	1961	1:56:06
152	HENDERSON	S	METROPOLITAN	39	M	35	6273	1:56:07
153	JOHNSON	M	BELLVILLE	25	F	SEN		1:56:17
154	TSHIFULARO	NYAWELENI	PINELANDS	41	M	40	1302	1:56:18
155	JOHNSON	TOM	BELLVILLE	55	M	55	2336	1:56:24
156	HAGGIE	CHARLOTTE	TEMP	28	F	SEN		1:56:27
157	JOUBERT	R	TYGERBERG	57	M	55	0702	1:56:42
158	SCHROEDER	RICHARD	TEMP	30	M	SEN	21801	1:56:59
159	BOUWER	THYS	SANLAM		M	50	1761	1:57:14
160	TALJAARD	P	SAPS WP	52	M	50	3690	1:57:16
161	KRIEL	STEVEN	SWARTLAND	43	M	40	0165 BOL	1:57:16
162	MARAIS	S	SATORI		F	SEN	2632	1:57:24

163	DLAMINI	PROTASIA	RCS GUGS	32	F	SEN	3559	1:57:29
164	ADONIS	J	RCS GUGS	57	M	55	3035	1:57:30
165	MOSDELL	TIM	WPCC	46	M	45	7325	1:57:43
166	TOFFA	SADIQ	ITHEKO	30	M	SEN	7488	1:58:13
167	MCPHERSON	GRANT	AAC	50	M	50	3345	1:58:17
168	NDZUMBANE	MANDISI	PINELANDS	24	M	SEN	4972	1:58:17
169	GILDENHUYS	ADRIAN	HARFIELD	43	M	40	3002	1:58:24
170	RUSHTON	LYALL	ACSIS VOB	36	M	35	4600	1:58:38
171	BEHR	J	AAC	25	M	SEN	7862	1:58:41
172	THERON	WERNER	RANDBURG	46	M	45	3209 CGA	1:58:43
173	THERON	LARA	RANDBURG	41	F	40	CGA	1:58:44
174	SWARTZ	L	SWARTLAND	59	M	55	0155 BOL	1:58:49
175	STRYDOM	STRYMAR	BLUE DOWNS	42	M	40	3056	1:58:52
176	THERON	D	BRACKENFELL	57	M	55	0518	1:59:02
177	SPENCER	TIM	TEMP	33	M	SEN	21779	1:59:06
178	VERMEULEN	OCKIE	CERES	52	M	50	0585 BOL	1:59:09
179	GALANT	AYESHA	WEST COAST	35	F	35	5536	1:59:14
180	ADONIS	PAUL	EDGEMEAD	60	M	60	0805	1:59:16
181	MATTHYSEN	CARLO	RUN WALK 4 LIFE	36	M	35	2508	1:59:24
182	MURRAY	MIEMA	BRACKENFELL	48	F	45	0548	1:59:30
183	SCHALKWYK	MARIUS	BRACKENFELL	49	M	45	0480	1:59:31
184	PUGSLEY	D	TEMP	59	M	55	21715	1:59:33
185	SYLVESTER	BERNARD	CELTIC	45	M	45	0350	1:59:59
186	THOMAS	ALAN	PINELANDS	41	M	40	4999	2:00:00
187	RICKETTS	PETA	TEMP		F	SEN	21813	2:00:06
188	PIETERSEN	E	TOP FORM	50	M	50	3506	2:00:09
189	ROLL	NICOLE	TEMP	28	F	SEN	21821	2:00:10
190	RICKETTS	ADAM	TEMP		M	SEN	21814	2:00:10
191	PRETORIUS	NIKKI	WEST COAST	40	F	40	1473	2:00:15
192	PRETORIUS	M	WEST COAST	37	F	35	5658	2:00:16
193	NO RETURN		EDGEMEAD		M	SEN		2:00:17
194	PHILLIPS	YVETTE	TEMP	37	F	35	21725	2:00:23
195	SPARG	PIXIE	CELTIC	65	F	65	3204	2:00:24
196	PANTI	TREVOR	SPARTAN	47	M	45	5369	2:00:24
197	SCHWAN	ELVERA	WEST COAST	48	F	45	8961	2:00:32
198	JOUBERT	EVETTE	TYGERBERG	48	F	45	0701	2:00:50
199	SOCHEN	MARK	TEMP	29	M	SEN	21733	2:01:04
200	ENGLE	ILSE	TEMP	34	F	SEN	21841	2:01:19
201	BOSHOFF	BOSSIE	SALDANHA	50	M	50	3678	2:01:20
202	FRYLINCK	C	LANGEBAAAN	45	M	45	3829	2:01:21
203	WILKINSON	JO	LANGEBAAAN	53	M	50	3830	2:01:21
204	LADOPOULOS	SOTIROS	BELLVILLE	39	M	35	2311	2:01:21
205	HOUGH	AILEEN	TEMP	26	F	SEN	21736	2:01:28
206	GASSNER	DAVID	SATORI	60	M	60	2638	2:01:29
207	WENDZICH	EDDY	LANGEBAAAN	47	M	45	6761	2:01:30
208	GLASGOW	JACKIE	WEST COAST	31	F	SEN	21713	2:01:41
209	KEMBALL	B	PINELANDS	51	F	50	4951	2:01:43
210	PEER	TAL	AAC	24	M	SEN	8750	2:01:46
211	DLAMINI	JAUB	KATLEHONG AC	37	M	35	CGA	2:01:56
212	JACOBS	GARY	TEMP	37	M	35	21788	2:01:56
213	WOOD	PHILIPPA	TEMP	32	F	SEN	21806	2:02:38
214	MULLER	RIAAN	EDGEMEAD	35	M	35	0875	2:02:52
215	BIDDICOMBE	I	TEMP	59	M	55	21815	2:02:54
216	VAN AARDE	HILTON	NAMAQUA	41	M	40	7150	2:02:55
217	ISAACS	DUNCAN	OLD MUTUAL	42	M	40	3414	2:03:04
218	KUNZ	RIAAN	TEMP	38	M	35	21824	2:03:17

219	SNYMAN	HANLIE	WINGATE RR	41	F	40	0347 AGN	2:04:01
220	MOSTERT	NADINE	STELLENBOSCH	33	F	SEN	2062 BOL	2:04:08
221	DAMAS	ERROL	SPARTAN	34	M	SEN	1649	2:04:09
222	ENEIZEL	PATRICK	WEST COAST	40	M	40	1501	2:04:37
223	DU PLESSIS	HELEN	TYGERBERG	57	F	55	0758	2:04:44
224	DUCKITT	SUSAN	TEMP	22	F	SEN	21768	2:05:17
225	THERON	Z	BRACKENFELL	53	F	50	0519	2:05:18
226	WOLMARANS	BERTUS	SWARTLAND	34	M	SEN	0122 BOL	2:05:34
227	STEYN	CHRISTIAAN	TYGERBERG	36	M	35	0676	2:05:42
228	MAER	MELANIE	HARFIELD	39	F	35	2986	2:05:53
229	HORSFIELD	BRIDGET	TEMP	45	F	45	21783	2:05:56
230	LE ROUX	PIERRE	NEW BALANCE	47	M	45	5039	2:06:19
231	LE ROUX	JULIA	NEW BALANCE	36	F	35	5038	2:06:21
232	HEIDMANN	BELINDA	ACSIS VOB	40	F	40	1229	2:06:29
233	BARROW	BRYANT	SPARTAN	24	F	SEN	1675	2:06:41
234	DU PLESSIS	ANDREA	STELLENBOSCH	27	F	SEN	2085 BOL	2:06:44
235	VAN DER LINDE	RIAAN	TEMP	24	M	SEN	21742	2:07:08
236	MOODY	RON	MELKBOS	50	M	50	3607	2:07:09
237	ADONIS	LESTER	TEMP	28	M	SEN	21759	2:07:20
238	BARTLE	SAMANTHA	TEMP	25	F	SEN	21794	2:07:44
239	CREDE	R	TEMP		M	SEN	21795	2:07:45
240	REITZ	JANNIE	BRACKENFELL	38	M	35	0501	2:08:17
241	VAN DER MERWE	JANNIE	BRACKENFELL	49	M	45	0522	2:08:17
242	MENTOOR	J	ESKOM GIJIMAS	54	M	50	6493	2:08:18
243	NEL	VENITA	TYGERBERG	40	F	40	0700	2:08:24
244		BARBARA	TEMP	34	F	SEN	21730	2:08:25
245	ORLIK	R	WEST COAST	38	M	35	8960	2:08:55
246	HAWTHORN	GRAHAM	WEST COAST	42	M	40	5494	2:08:55
247	LEIBRANDT	NEIL	OLD MUTUAL	46	M	45	6594	2:09:02
248	GERBER	RIAAN	LANGEBAAN	25	M	SEN	3849	2:09:09
249	WICHT	ELKE	LANGEBAAN	26	F	SEN	3846	2:09:09
250	OBERY	SAM	TEMP	27	F	SEN		2:09:11
251	MULDER	K	PINELANDS	55	M	55	1320	2:09:13
252	PIETERS	W	ADIDAS	39	M	35	6386	2:09:27
253	VAN LEEUWEN	SHELLEY	WEST COAST	40	F	40	8973	2:09:35
254		ROBYN	TEMP	34	F	SEN	21780	2:09:54
255	NOEMDOE	REGINALD	BLUE DOWNS	45	M	45	3070	2:09:55
256	ISMAIL	AASHIQ	ITHEKO	29	M	SEN	7407	2:09:56
257	DE LAPELIN DUMONT	AVRIL	WEST COAST	65	F	65	1392	2:09:58
258	DE LAPELIN DUMONT	D	WEST COAST	31	F	SEN	1391	2:09:59
259	HEMMANT	RUSSELL	ACSIS VOB	40	M	40	1069	2:10:08
260	COHEN	MARTINE	TEMP	25	F	SEN	21734	2:10:12
261	SMITH	SANDRA	ACSIS VOB	41	F	40	4535	2:10:21
262	MULLER	ANTHONY	CPUT	38	M	35	0040	2:10:22
263	SINGER	J	TEMP		M	50	21802	2:10:30
264	NORTIER	BERNADETTE	TEMP	27	F	SEN	21741	2:10:34
265	SCORGIE	DARREN	TEMP	37	M	35	21767	2:10:41
266	MITCHELL	MARK	TEMP	42	M	40	21711	2:10:43
267	MCIVER	ROY	EDGEMEAD	61	M	60	4815	2:10:46
268	LAMBRECHTS	DEIDRE	PAARL	41	F	40	0259 BOL	2:10:50
269	DU TOIT	THERESA	TYGERBERG	35	F	35	7165	2:10:54
270	ANDREWS	THOMAS	ACSIS VOB	51	M	50	1232	2:10:58
271	PHILANDER	PEDRO	LANGEBAAN	47	M	45	3834	2:11:00
272	MEINTJIES	CAJSA	LANGEBAAN	35	F	35	3843	2:11:20
273	HABEEB	EHSAN	TEMP	18	M	JUN	21845	2:11:27
274	CARSTENS	WANDA	SWARTLAND	48	F	45	0636 BOL	2:11:43

275	ARENDSE	GERMAINE	TOP FORM	44	F	40	3514	2:11:47
276	WAYWELL	DAVE	ACSIS VOB	50	M	50	0879	2:12:13
277	WESTVIG	ERIK	ACSIS VOB	38	M	35	0933	2:12:14
278	PITCHERS	LEANNE	ACSIS VOB	38	F	35	0998	2:12:46
279	STABLEFORD-SMITH	SARAH	ACSIS VOB	31	F	SEN	4687	2:12:47
280	SPIERS	ESTELLE	TEMP	40	F	40	21781	2:12:50
281	CHAPMAN	LARRY	PINELANDS	46	M	45	4993	2:12:51
282	MCGEEVER	E	AAC	56	F	55	4399	2:12:52
283	MATOSE	FRANK	PINELANDS	44	M	40	1260	2:12:53
284	BARTMAN	EDWARD	ATLANTIS	43	M	40	3531	2:12:55
285	SHAPIRO	JEFFREY	ACSIS VOB	32	M	SEN	1061	2:12:55
286	GUTHRIE	LAUREN	SATORI	33	F	SEN	2633	2:12:57
287	NORMAN	CLIVE	CELTIC	55	M	55	0158	2:13:09
288	BARRON	MARK	SPARTAN	56	M	55	1676	2:13:09
289	FERRIS	FARIED	TEMP	37	M	35	21740	2:13:29
290	HUGO	HENDRICK	SWARTLAND	34	M	SEN	0658 BOL	2:13:52
291	WHITLEY	MIRANDA	PLEXUS DURBAC	33	F	SEN	7092	2:14:07
292	THEUNISSEN	M	TOP FORM	51	M	50	3540	2:14:35
293	WICOMB	RENEE	WELLINGTON	42	F	40	1521 BOL	2:14:39
294	ILLEGIBLE	JAN	TEMP		F	SEN	21775	2:14:46
295	PENZHORN	PAUL	TEMP		M	SEN	21774	2:14:47
296	SCHWARTZ	TRACY	SOUTH STRIDERS	37	F	35	1904	2:15:11
297	KEMP	SARAH	CELTIC	23	F	SEN	4160	2:15:16
298	WATSON	D	CELTIC	59	M	55	0191	2:15:16
299	RIPSOLD	TIM	PLEXUS DURBAC	40	M	40	7086	2:15:17
300	MANUEL	C	METROPOLITAN	52	M	50	6310	2:15:40
301	JOUBERT	SUSAN	METROPOLITAN	43	F	40	2013	2:15:45
302	MCGLEN	LESLINE	ACSIS VOB	49	F	45	1009	2:15:49
303	ZGERSKI	THERESA	WEST COAST	37	F	35	5615	2:15:57
304	JANSON	GRAHAM	TEMP	41	M	40	21818	2:16:18
305	FINAISAN	P	TEMP	39	M	35	2010	2:16:33
306	FINAISAN	B	TEMP	39	F	35	21831	2:16:33
307	BRUGHTON	ROBYN	TEMP	38	F	35	21825	2:16:33
308	DE WET	JOHAN	EDGEMEAD	50	M	50	0874	2:16:35
309	MEYER	CHERIE	TEMP	41	F	40	21722	2:16:41
310	DISQUALIFIED				M	SEN		2:16:41
311	TURNER	TONY	EDGEMEAD	49	M	45	0844	2:16:58
312	FRITZ	HENRY	TYGERBERG	32	M	SEN	6201	2:17:08
313	OPPEL	S	TYGERBERG		F	50	0660	2:17:08
314	ROOD	EVERT	CELTIC	63	M	60	0263	2:17:16
315	SHAPIRO	LUCY	HARFIELD	29	F	SEN	5773	2:17:48
316	DE JAGER	MADELEINE	NEW BALANCE	42	F	40	5013	2:18:11
317	NIENABER	DANIE	ADIDAS	59	M	55	1828	2:18:12
318	VAN DER MERWE	R	TEMP	51	F	50	21712	2:18:17
319	JAMES	MARLENE	PINELANDS	66	F	65	1244	2:18:20
320	WILLIS	L	SANLAM	54	M	50	1798	2:18:26
321	WALSH	JUSTIN	SATORI	35	M	35	2635	2:18:27
322	SEPTEMBER	P	METROPOLITAN	56	M	55	2033	2:18:30
323	REED	CHARLES	WEST COAST	32	M	SEN	1386	2:18:34
324	SCOTT	CHARLOTTE	WEST COAST	31	F	SEN	1503	2:18:35
325	COMBRINCK	K	TEMP	38	F	35	21832	2:18:40
326	TAYLOR	MICHELLE	EDGEMEAD	41	F	40	0829	2:18:43
327	DENNIS	PHILIP	EDGEMEAD	47	M	45	0833	2:18:43
328	WALKER	CHRIS	WEST COAST	61	M	60	1395	2:18:44
329	BACH	MARSAY	TEMP	24	M	SEN	21732	2:18:45
330	OBREE	D	ATC	27	F	SEN	7798	2:18:48

331	MCLELLAN	GAIL	AC SIS VOB	63	F	60	1034	2:18:49
332	NGCELWALE	SONWARO	RCS GUGS	43	M	40	6161	2:18:59
333	QWESHA	NYANISO	RCS GUGS	33	M	SEN	6132	2:18:59
334	BURDEN	MATILDA	STELLENBOSCH	55	F	55	0852 BOL	2:19:00
335	DOLS	G	WEST COAST	51	M	50	1366	2:19:05
336	HEIDEMAN	SHEILA	METROPOLITAN	42	F	40	6294	2:19:08
337	SLABBERT	HANLIE	TEMP	40	F	40	21743	2:19:21
338	KRUGER	ANGELA	RUN WALK 4 LIFE	28	F	SEN	4445	2:19:23
339	SMITH	LINELLE	TEMP	38	F	35	21751	2:19:25
340	MADDEN	PATRICK	SPARTAN	41	M	40	1650	2:19:35
341	CROMHOUT	A	TEMP	39	F	35		2:19:42
342	DANIELS	ANDY	METROPOLITAN	56	M	55	6295	2:19:43
343	HAVENGA	AMANDA	TYGERBERG	46	F	45	0733	2:19:48
344	MALLON	M	PINELANDS	67	M	65	1311	2:20:36
345	REISSENZAHN	INGE	PINELANDS	38	F	35	1271	2:20:36
346	COETZEE	LINDA	PINELANDS	49	F	45	1249	2:20:37
347	MALLON	LINDA	PINELANDS	48	F	45	1312	2:20:38
348	VAN SCHALKWYK	G	AAC	25	M	SEN	9152	2:20:40
349	SCHULENBURG	LIESEL	AC SIS VOB	36	F	35	4512	2:20:44
350	MULLER	JOHAN	PAARL	60	M	60	0931 BOL	2:20:54
351	HASANAIN		ITHEKO	31	M	SEN	6343	2:21:03
352	GOLIATH	MICHAEL	ATLANTIS	63	M	60	3505	2:21:12
353	HERSELMAN	MARIKE	TEMP	26	F	SEN	21778	2:21:17
354	WUTHRICH	MARTIN	WELLINGTON	61	M	60	1478 BOL	2:21:35
355	FAIRHURST	PAUL	HOUT BAY	35	M	35	3200	2:21:38
356	BARUCH	ARIK	TEMP	39	M	35	21840	2:21:50
357	CHALAMBIDES	E	CENTURY CITY	53	F	50	3178	2:21:57
358	MONYAMATHE	JOHN	CORR SERVICES WP	43	M	40	6467	2:22:05
359	BAYLEY	DAVID	TEMP	48	M	45	21829	2:22:07
360	YASIN	A	TOP FORM	52	M	50	3520	2:22:14
361	MCMANUS	ALAN	TEMP	62	M	60	21709	2:22:16
362	KOTZE	CHRIS	TEMP	31	M	SEN	21772	2:22:22
363	PIETERSE	KOBUS	TEMP	51	M	50	21810	2:22:36
364	MARAIS	ESRI	TEMP	26	F	SEN	21809	2:22:36
365	HAUPT	STEPHANIE	CELTIC	24	F	SEN	4113	2:22:45
366	ETHERIDGE	LYNN	MR PRICE WP	44	F	40	5950	2:22:53
367	NO RETURN		AC SIS VOB		F	SEN		2:23:03
368	BARCLAY	ALAN	TEMP	49	M	45	21834	2:23:06
369	HENDRICKS	T	SOUTH STRIDERS	50	M	50	1897	2:23:36
370	CLAASSIN	PIERRE	NEW BALANCE	62	M	60	0362	2:23:57
371	BRANDT	FABIAN	TYGERBERG	31	M	SEN	7977	2:24:03
372	REYNOLDS	MIKE	SWARTLAND	63	M	60	0105 BOL	2:24:04
373	VELDSMAN	LOUIS	BOLAND	47	M	45	0958 BOL	2:24:04
374	ARENDSE	REGAN	TOP FORM	41	M	40	3509	2:24:06
375	JOOSTE	ANTON	BRACKENFELL	28	M	SEN	4367	2:24:15
376	HARGEY	BILAL	TEMP	26	M	SEN		2:24:21
377	JONES	H	SPARTAN	52	M	50	1707	2:24:22
378	RAHIM	MUSHTAQ	TOP FORM	45	M	45	3749	2:24:30
379	CRONJE	JACQUES	TEMP		M	40	21807	2:24:44
380	WELSH	CATHERINE	HARFIELD	41	F	40	2984	2:25:01
381	BUCHANAN	R	TEMP	52	M	50	21717	2:25:02
382	SCHUBERT	ALEXANDER	TEMP	40	M	40	21719	2:25:27
383	JAMES	KAARE	PINELANDS	66	M	65	1234	2:25:31
384	NAKAN	LEE	FIT 2000	47	M	45	2058	2:25:35
385	CUBITT	TIM	SANLAM	54	M	50	5238	2:25:35
386	HERDIEN	SARAH	ATLANTIS	61	F	60	3502	2:25:37

387	ABRAHAMS	LIONEL	OLD MUTUAL	60	M	60	3413	2:25:48
388		CHRIS	TEMP	22	M	SEN	21839	2:25:52
389	COHEN	MARC	AAC	50	M	50	4373	2:25:53
390	KENNY	ABDURAHMAAN	ITHEKO	18	M	JUN	8597	2:25:53
391	TADMAN	OREN	AAC	49	M	45	4374	2:25:55
392		RIAANA	TEMP	31	F	SEN	21786	2:25:58
393	MOSTERT	SYBRAND	ADIDAS	71	M	70	1856	2:26:01
394	BARNARD	R	TYGERBERG	61	M	60	7162	2:26:19
395	HAUPT	ALVIN	CELTIC	52	M	50	4158	2:26:39
396	ISAACS	EILEEN	TYGERBERG	44	F	40	6207	2:27:00
397	NO CARD		SWARTLAND		F	SEN		2:27:00
398	HAMLETT	KERRI	TEMP		F	SEN	21803	2:27:08
399	IDAS	M	TEMP	35	M	35		2:27:09
400	BOOYENS	JACQUES	TEMP	36	M	35	21731	2:27:20
401	DAVIDS	RAZEEN	ITHEKO	46	M	45	6313	2:27:36
402	STREZ	ALEKS	HARFIELD	39	M	35	2992	2:27:45
403	DU PREEZ	DEON	NEW BALANCE	30	M	SEN	0432	2:27:55
404	LOVE	ANGELIC	NEDBANK WP	29	F	SEN	3129	2:27:56
405	SEPTEMBER	GODFREY	NEDBANK WP	35	M	35	3135	2:27:56
406	WILFART	MANU	CELTIC	30	F	SEN	0167	2:27:59
407	FRYLINCK	RONEL	LANGEBAAAN	46	F	45	3828	2:28:01
408	CHAPMAN	E	TEMP		M	50	21757	2:28:03
409	FORTUNE	H	BRACKENFELL	54	F	50	4365	2:28:12
410	VLOK	HENNIE	SWARTLAND	62	M	60	0157 BOL	2:28:12
411		HANJA	TEMP	38	F	35	21823	2:28:32
412	MAARTENS	CHARLENE	TYGERBERG	40	F	40	0767	2:28:43
413	KRUGER	GARTH	TYGERBERG	46	M	45	0773	2:28:44
414	NELSON	MARIANNE	PLEXUS DURBAC	66	F	65	2666	2:28:51
415	HARRIS	LEE ANN	PINELANDS	43	F	40	1267	2:29:01
416	SCHNEHAGE	CHRIS	PINELANDS	56	M	55	1253	2:29:02
417	VAN SCHALKWYK	E	BRACKENFELL	51	F	50	0540	2:29:02
418	JARVIS	DIANA	TEMP	26	F	SEN	21729	2:29:02
419	HERSELMAN	ANNEKIE	TEMP	28	F	SEN	21777	2:29:05
420	HERSELMAN	A	WELLINGTON	53	F	50	1455 BOL	2:29:05
421	CARSTENS	F	SWARTLAND	48	M	45	0177 BOL	2:29:06
422	DE VILLIERS GRAAFF	STEPHEN	FIT 2000	40	M	40	7509	2:29:20
423	MALLOY	CEDRIC	BELLVILLE	59	M	55	7394	2:29:21
424	MOGOJE	VINCENT	TEMP	32	M	SEN	21761	2:29:27
425	HUNT	CARL	CELTIC	49	M	45	4262	2:29:29
426	ROSSOUW	DANEEL	TEMP	42	M	40	21735	2:29:49
427	GORDON	ROCAND	PAARL	42	M	40	0186 BOL	2:30:03
428	ROSS	S	WEST COAST	53	F	50	1429	2:31:14
429	NO RETURN				M	SEN		2:31:16
430	KUUN	SUSANNA	HELDERBERG	39	F	35	7857	2:31:18
431	MKABELA	MANDLA	CORR SERVICES WP	50	M	50	6438	2:31:22
432	BRYER	ALAN	WEST COAST	60	M	60	5537	2:31:28
433	HOOP	ELSABE	TEMP	47	F	45	21838	2:31:28
434	FOURIE	C	SATORI	34	F	SEN	2628	2:31:30
435	MARAIS	J	WEST COAST	31	M	SEN	1474	2:31:38
436	PANAGOTIROS	MICHELLE	TEMP	37	F	35	21747	2:31:40
437	MARAIS	JOSI	TEMP	30	F	SEN	21833	2:31:40
438	ONVERWACHT	JOHAN	SWARTLAND	43	M	40	0678 BOL	2:32:00
439	ISAACS	RONELLE	TYGERBERG	26	F	SEN	6206	2:32:10
440	CUPIDO	DEON	NEW BALANCE	44	M	40	5014	2:32:12
441	TALJAARD	ANN	SAPS WP	49	F	45	3700	2:32:36
442	BOUWER	LAURA	SANLAM	53	F	50	1762	2:32:36

443	EBRAHIM	MOEGSIEN	NEW BALANCE	50	M	50	0409	2:32:37
444	BARRATT	FRANCIS	RUN WALK 4 LIFE	54	F	50	6555	2:32:38
445	SAUNDERS	SAMMY	TEMP	16	F	JUN	21763	2:33:13
446	GREENEUALO	MAURIZA	TEMP	25	F	SEN	21816	2:33:15
447	SWART	WILNA	TEMP	25	F	SEN	21755	2:33:16
448	SAUNDER	D	MATIES	52	F	50	0448 BOL	2:33:17
449	GOLIATH	KALENE	TYGERBERG	39	F	35	0666	2:33:28
450	MANUEL	BONITA	TYGERBERG	37	F	35	7176	2:33:28
451	KLOPPER	ALBERT	PAARL	51	M	50	0922 BOL	2:33:43
452	ADAMS	JOHN	METROPOLITAN	45	M	45	1962	2:34:09
453	VAN ROOYEN	E	TEMP	56	F	55	21836	2:34:09
454	NO CARD		TEMP		F	SEN		2:34:17
455	ADAMS	TREVOR	CELTIC	58	M	55	4212	2:34:21
456	MAHARAGE	RODNEY	CELTIC	47	M	45	0770	2:34:23
457	MOLLER	K	TEMP	51	M	50	21762	2:35:10
458	RHEEDER	B	MELKBOS	50	F	50	3600	2:35:16
459	PROCTOR	COLLEEN	RUN WALK 4 LIFE	50	F	50	5749	2:35:17
460	SZOT-MYBURG	NATALIE	RUN WALK 4 LIFE	46	F	45	4905	2:35:43
461	LOMB	KIM	EDGEMEAD	45	F	45	0801	2:35:44
462	ZETNER	S	RUN WALK 4 LIFE	50	F	50	6655	2:36:13
463	LOURENS	MELANIE	BRACKENFELL	22	F	SEN	4302	2:36:59
464	LOURENS	CHRIS	BRACKENFELL	54	M	50	4360	2:37:00
465	HENDRICKS	SALLY	TEMP	46	F	45	21837	2:37:14
466	WEERS	DICKIE	PINELANDS	61	M	60	1248	2:37:26
467	MIRCHELL	JULIES	WELLINGTON	49	F	45	1519 BOL	2:37:36
468	MOHAMED	QUASEEM	ITHEKO	25	M	SEN	9155	2:37:38
469	MARRA	S	RCS GUGS	57	M	55	3563	2:38:03
470	BERNTZEN	ANNATJIE	TYGERBERG	68	F	65	0768	2:38:06
471	CUPIDO	MICHELLE	PINELANDS	42	F	40	4949	2:38:26
472	MATHER	GRAEME	WEST COAST	46	M	45	1402	2:38:31
473	DE GOIS	FLORIPES	NEDBANK WP	56	F	55	1913	2:39:40
474	HAVENGA	BENINE	TYGERBERG	18	F	JUN	8234	2:40:12
475	GASSNER	C	SATORI	55	F	55	4909	2:40:53
476	DAW	RON	WEST COAST	73	M	70	1407	2:40:57
477	VAN VUUREN	UNITA	SPARTAN	57	F	55	5327	2:41:03
478	DE JONGH	R	TEMP		M	50	21791	2:42:07
479	SMITH	NEVILLE	ACSIS VOB	55	M	55	4536	2:42:25
480	ROTHMAN	HESTER	BRACKENFELL	54	F	50	0553	2:42:27
481	BEUKMAN	W	RCS GUGS	60	M	60	3590	2:42:33
482	BURGHER	JEAN	PINELANDS	47	F	45	4967	2:42:48
483	SOLOMON	KEITH	PINELANDS	48	M	45	4966	2:42:49
484	HAMMAN	CRAMMY	TEMP	60	M	60	21776	2:42:56
485	MALAN	FRANCOIS	TEMP	38	M	35	21708	2:43:41
486	DANVERS	BARRY	TEMP	41	M	40	21811	2:44:02
487	ROSSOUW	DAPHNE	TEMP	37	F	35	21744	2:44:12
488	ROGERS	PETER	ACSIS VOB	70	M	70	0947	2:44:53
489	WESTVIG	LEIF	ACSIS VOB	63	M	60	4479	2:45:12
490	GORDON	GEORGINA	PAARL	43	F	40	0183 BOL	2:45:15
491	EBERSOHN	LANA	TEMP	36	F	35	21724	2:46:15
492	HARDRES-WILLIAMS	C	RUN WALK 4 LIFE	66	M	65	2390	2:46:23
493	NO CARD		TEMP		F	SEN	21808	2:46:48
494	BINNEMAN	PIERRE	EDGEMEAD	59	M	55	0861	2:47:36
495	NO CARD		ESKOM GIJIMAS		F	SEN		2:47:58
496	V D SPUY	LEANA	RUN WALK 4 LIFE	47	F	45	2490	2:48:14
497	SCHIPPER	HENK	RUN WALK 4 LIFE	66	M	65	2492	2:48:56
498	VAN TONDER	CORNELIS	RUN WALK 4 LIFE	62	M	60	2480	2:49:01

499	V D RHEEDE	FATIMA	ITHEKO	34	F	SEN	1538	2:49:22
500	MARTIN	SERAH	METROPOLITAN	52	F	50	1951	2:50:24
501	ADAMS	PAUL	BLUE DOWNS	35	M	35	3074	2:50:25
502	WIERMAN	LIZETTE	TEMP	33	F	SEN	21771	2:50:26
503	ROGERS	P	ACSIS VOB	57	F	55	0948	2:51:21
504		HEIBRIE	TEMP	27	F	SEN	21754	2:51:39
505	WOLMARANS	BERTUS	TEMP	62	M	60	21753	2:51:39
506	FERNANDES	LUCIA	NEDBANK WP	62	F	60	1912	2:51:52
507	ISAACS	NEZAAM	ITHEKO	39	M	35	1579	2:52:05
508	GERBER	LIESL	TEMP	32	F	SEN	21804	2:52:35
509	MULLER	MARIANA	PAARL	58	F	55	0932 BOL	2:52:52
510	GUY	DAVE	QUEENSBURGH	66	M	65	6369 KZN	2:53:03
511	ROSE-INNES	JOANNE	TEMP	28	F	SEN	21822	2:53:24
512	MEYER	KOERT	TYGERBERG	63	M	60	0757	2:53:51
513	MARKS	M	WEST COAST	53	M	50	1390	2:53:52
514	BURGER	MARILIZE	TYGERBERG	23	F	SEN	0771	2:54:21
515	CHIBAYA	G	RCS GUGS	35	M	35	6116	2:54:25
516	ADAMS	F	ITHEKO	46	M	45	6350	2:54:31
517	HAASBROEK	N	TEMP	55	M	55		2:55:05
518	HAASBROEK	N	TEMP	56	F	55		2:55:05
519	RENDALL	ALETTA	EDGEMEAD	49	F	45	4798	2:55:31
520	JAFTHA	WALTER	STRAGGLERS	60	M	60	3473	2:55:45
521	ABDULLAH	SALMA	ITHEKO	30	F	SEN	6344	2:55:46
522	WESTHUIZEN	JOLIZE	TEMP	42	F	40	21764	2:56:00
523	KOTZE	WILNA	TEMP	49	F	45	21739	2:56:01
524	SHEPHERD	ANDREW	TEMP	34	M	SEN	21726	2:56:04
525	SHEPHERD	JULIA	TEMP	27	F	SEN	21727	2:56:05
526	CEROTI	HAYLEY	TEMP	39	F	35	21746	2:56:11
527	KOTZE	ALTA	BRACKENFELL	48	F	45	0454	2:56:30
528	MOWLANA	FEROZA	ITHEKO	24	F	SEN	1540	2:56:48
529	JARDINE	GALIEL	ITHEKO	44	M	40	7474	2:56:49
530	JACOBS	A	TEMP	41	M	40	21787	2:56:52
531	RHEEDER	NICKY	MELKBOS	28	F	SEN	3605	2:56:56
532	JARDINE	FAADIELA	ITHEKO	41	F	40	7475	2:56:56
533	ISAACS	GADIJA	ITHEKO	44	F	40	6318	2:57:01
534	RUSINGA	NECTAR	PINELANDS	31	F	SEN	5005	2:57:06
535	WINTERBACH	VERA	SAPS WP	41	F	40	6629	2:57:35
536	LEVENDAL	ESTERLENE	IN TOUCH	49	F	45	3630	2:57:40
537	OLIVIER	EDWIN	IN TOUCH	45	M	45	3636	2:57:41
538	VERMEULEN	MORGAN	IN TOUCH	45	M	45	3618	2:57:42
539	DENMAN	LEE	TEMP	36	F	35	21748	2:57:44
540	WALLIS	GRAHAM	WEST COAST	37	M	35	5477	2:57:45
541	COLLINS	C	IN TOUCH	50	F	50	3632	2:57:48
542	KOTZE	NATASHIA	TEMP	29	F	SEN	21773	2:58:08
543	KOORTS	HEINRICH	LANGEBAAAN	38	M	35	6764	2:58:09
544	STRUMPHER	DAVID	SAPS WP	42	M	40	6625	2:58:12
545	BOTHA	SHIRLEY	RAVENSMEAD	47	F	45	4045	2:58:25
546	STERBAN	JOHN	RUN WALK 4 LIFE	70	M	70	2385	2:59:04
547	BOEKE	EMIL	SANLAM	59	M	55	5235	2:59:37
548	SNODGRASS	KIRSTY	TEMP	28	F	SEN	21820	2:59:53
549	ENGELBRECHT	MARLENE	TEMP	63	F	60	21817	3:01:54
550	ABRAM	MADIEHE	RAVENSMEAD	42	M	40	4030	3:02:21
551	BENNET	MIKE	EDGEMEAD	68	M	65	0780	3:02:23
552	NO RETURN		ESKOM GIJIMAS		F	SEN		3:03:44
553	RAWOOT	A	METROPOLITAN	56	F	55	1954	3:04:12
554		SHIRLEY	TEMP	40	F	40	21756	3:04:16

555	FAJAAR	ANEKKAH	ITHEKO	39	F	35	1541	3:04:36
556	CLARICH	CAROL	TEMP	59	F	55	21792	3:04:47
557		PEET	TEMP	30	M	SEN	21707	3:04:50
558	CLOKE	MIKE	TEMP	39	M	SEN	21793	3:04:58
559	EDWARDS	MARIZE	BELLVILLE	61	F	60	2338	3:05:54
560	SCHATKE	J	TEMP	36	M	35		3:06:17
561	MULLER	REZ	TEMP	28	F	SEN	7697	3:07:31
562	VISSER	ESTELLE	EDGEMEAD	59	F	55	4800	3:07:37
563	GRAHAM	LOIS	EDGEMEAD	55	F	55	4822	3:09:20
564	DAY	LYDIA	PINELANDS	44	F	40	1265	3:10:59
565	BEUKES	W	SANLAM		M	50	1756	3:11:05
566	SOLOMON	INGRID	CELTIC	46	F	45	4143	3:11:06
567	GELDENHUYS	G	SANLAM	40	M	40	1777	3:11:07
568	KENNY	FADEELAH	ITHEKO	26	F	SEN	8661	3:13:34
569	NELSON	HANTIE	BELLVILLE	43	F	40	2366	3:13:44
570	MUNNIK	VALERIE	ESKOM GIJIMAS	54	F	50	1330	3:13:55
571	FOOKWE	MICHELLE	PICK 'n PAY	42	F	40	1910	3:16:27
572	OTT	MARIAN	TEMP	36	F	35	21766	3:16:30
573	ARCHER	J	TEMP	71	F	70	21737	3:17:37
574	ARCHER	PAMELA	TEMP	41	F	40	21738	3:17:38
575	STRAUSS	ELRI	RUN WALK 4 LIFE	40	F	40	4442	3:19:36
576	RICHFIELD	JULIAN	TEMP	59	M	55	1652	3:21:00
577	MOODY	MARGIE	MELKBOS	53	F	50	3608	3:21:25
578	MAZONA	SINDIWE	RCS GUGS	67	F	65	6160	3:26:23
579	JOHNSON	MAGDALINE	TYGERBERG	73	F	70	6185	3:26:51
580	GASOOLIER	IQBAL	METROPOLITAN	56	M	55	1967	3:27:14
581	BARRATT	D	RUN WALK 4 LIFE	57	M	55	6554	3:29:30

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